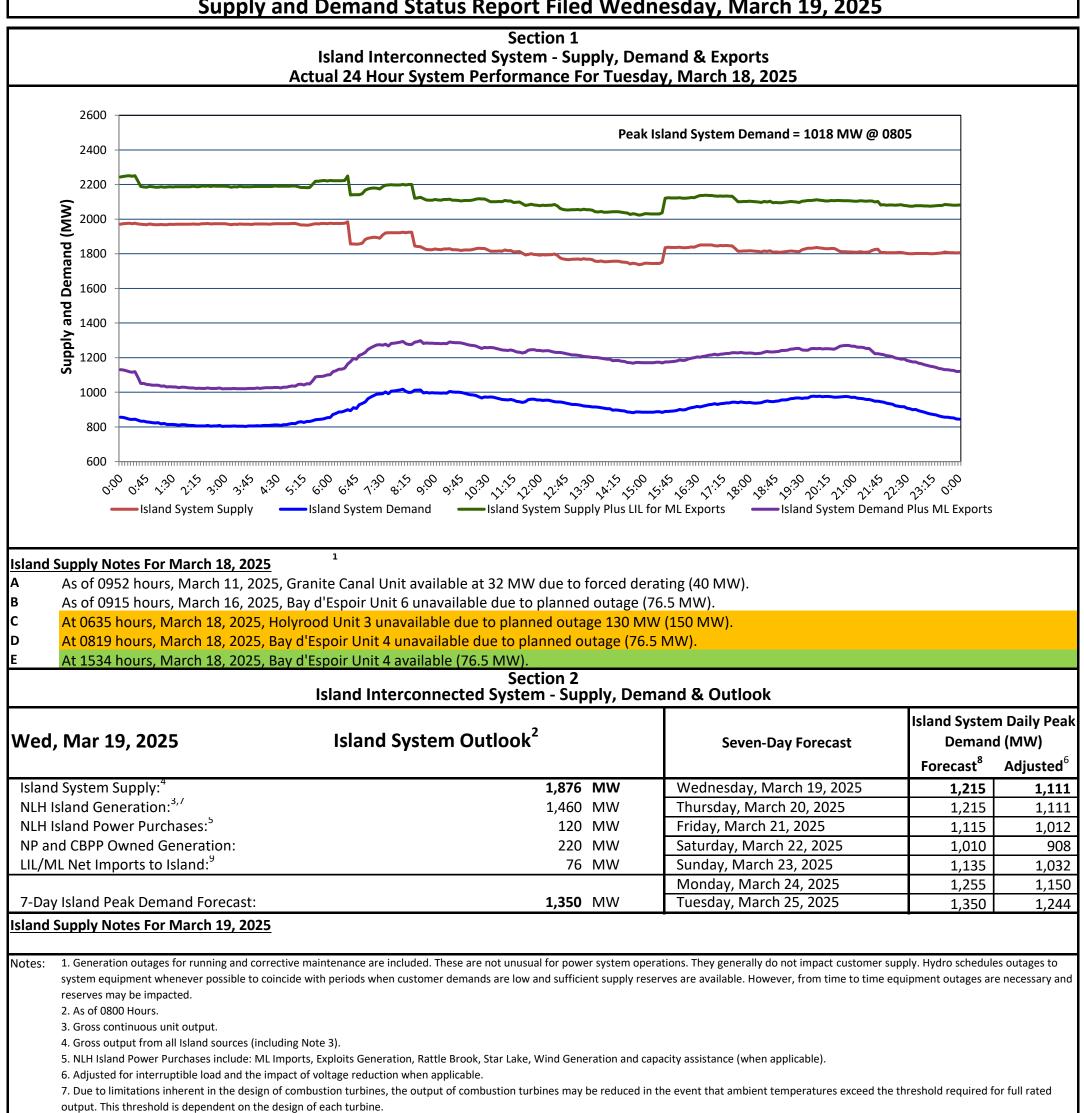
Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Wednesday, March 19, 2025



8. Does not include ML Exports.

9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

| Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak | | | |
|---|----------------------------------|------|-----------|
| ue, Mar 18, 2025 | Island Peak Demand ¹⁰ | 8:05 | 1,018 MW |
| | Exports at Peak | | 276 MW |
| | LIL Net Imports to Island | | 1,000 MWh |
| Ved, Mar 19, 2025 | Forecast Island Peak Demand | | 1,215 MW |